



# Ms. Som Prakar

Associate Professor, Department of  
Economics GC Kullu 175101

## CONTACT

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## EDUCATION

Degree/Subject	College /University	Year
10+2 Science	G.C.G Chandigarh	1990
B. Com	University of Delhi	1995
M A Economics	Panjab University Chandigarh	1997
SLET		1998
Departmental Exam: Qualified in		2017

## Work & Teaching Experiences

24 years of teaching Experience

## Skills

**Language:** Hindi, English

**Computer:**

Word, Excel, PowerPoint, CorelDRAW

## Courses Attended:

### Orientation Course:

- ❖ UGC Sponsored Orientation Program held at UGC Academic Staff College Panjab University Chandigarh from 1-3-2005 to 28-3-2005.

### Refresher Course:

- ❖ Refresher Course in Environmental Awareness held at UGC Academic Staff College HPU Shimla from 24-4-2006 to 13-5-2006.
- ❖ Refresher Course in Economics conducted by UGC -Academic Staff College University of Kerala, Kariavattom from 2-2-2011 to 23-2-2011.
- ❖ Refresher Course in Economics held at UGC Academic Staff College Panjab University Chandigarh from 16-3-2013 to 5-4-2013.
- ❖ Two Week Refresher Course on “Managing Online Classes & Co-Creating MOOCS 16.0” from 13-27 July 2022 Ramanujan College, Delhi University

### In-service Training Programme:

- ❖ Attended In-service Training Program from 16.4.12 to 21.4.12 held at Govt. College of Teacher Education Dharamshala.
- ❖ Attended In-service Training Program from 11.3.19 to 16.3.19 from Govt. College of Teacher Education Dharamshala.

### Administrative Responsibilities

- ❖ Programme Officer Govt. College Kullu (June 2014- August 2016)
- ❖ Officiating Principal in Govt. College Sainj (1<sup>st</sup> Jan 2017 to 9<sup>th</sup> May 2017)
- ❖ Bursar (from 1<sup>st</sup> August 2016 to 31 Dec 2016 9<sup>th</sup> May 2017 to 12<sup>th</sup> Dec 2018 in Govt. College Sainj Distt Kullu 13<sup>th</sup> Dec 2019 To 28<sup>th</sup> Feb 2022 In Govt. College Panarsa Mandi.
- ❖ Controller of Examination (2017 to 2018 in Govt College Sainj Kullu 2019-2021 in Govt. College Panarsa Mandi)
- ❖ Coordinator- IQAC (2019-20, 2020-21 in Govt College Panarsa)
- ❖ Nodal officer of the Disaster Management Committee (Dec 2018 to Feb 2022)
- ❖ Deputy Superintendent- Final Examination (2016-17)
- ❖ Superintendent- Final Examination Himachal Pradesh University (2017-18 ,2019- 20, 2020-21)

## Paper presentation in conferences and Seminars:

- ❖ Presented a paper titled [“Women And Corporate Governance in Neo-Liberal Era”](#) in a National conference on “Governance in Neo-Liberal Era” from 30-6-2012-1-07-2012 organized by RKMV Shimla -1 HP
- ❖ Presented paper [“Lessons From Global Financial Crisis: Let Women Move from Margin to Center in Reshaping the World Economy”](#) International Seminar on “Economic, Social And Environmental Challenges of Globalization “Organized by St. Bede’s College Shimla from 5<sup>th</sup> to 6<sup>th</sup> October 2012.
- ❖ Presented paper titled [“Mathematical tools in Economics”](#) at an international conference in Mathematical Sciences (ICMS-2013) organized by Govt Degree College Haripur Manali (8- 9 March 2013)
- ❖ Presented paper in national Seminar on [“बनते राष्ट्र में गाँधी की भूमिका ”](#) organized by Govt Degree College Haripur Manali
- ❖ Presented a paper titled [“The Gateway to Inclusive Growth: Food and Nutrition Secure Future”](#) at the National Conference of the Economic Association of Himachal Pradesh organized by the Department of Economics Govt college Kullu in collaboration with the Department of Economics HP University Shimla (16-17 Dec 2013)
- ❖ Paper 4: Presented paper titled [“The Gateway to Inclusive Growth: Food and Nutrition Secure Future”](#) at the international conference on “Innovation Research and Technology and Management” (IC-IRSTM-2019) Organized by Modi Institute of Management and Technology Kota RAJASTHAN, INDIA
- ❖ Presented paper titled [“Tourism as The Catalyst And The Victim Of Covid -19”](#) In Multidisciplinary International Conference: A New World Order: Resilience And Reinvention (25<sup>th</sup> to 27<sup>th</sup> Dec 2020) organized by Govt P.G College Seema
- ❖ Presented paper Titled [“Guest-Host Relationship: The Pulse of Tourism”](#) at the International Conference on Transforming Asia: Development, Tourism and Environment in Mountains on November 18-20, 2021.

## Convener and Organizing Secretary:

- ❖ Organizing secretary of [National Conference on “Inclusive Growth: possibilities and pitfalls”](#) organized by the Department of Economics Govt college Kullu in collaboration with the Department of Economics HP University Shimla (16-17 Dec 2013)
- ❖ Organizing secretary of National Conference on [“पर्यटन के सामाजिक सरोकार: चुनौतियाँ और सांभावनाएं ”](#) organized by Govt college Sainj Distt Kullu HP funded by Indian Council of social science Research (23-24 Feb 2017)

## Workshops/Seminars organized :

- ❖ Organized National Conference on [“Inclusive Growth: Possibilities and Pitfalls”](#) in collaboration with Himachal Pradesh University Shimla (16-17 Dec 2013) in Govt. College Kullu
- ❖ Organized National Conference on [“पर्यटन के सामाजिक सरोकार: चुनौतियाँ और सांभावनाएं ”](#) funded by Indian Council of social science Research (23-24 Feb 2017) in Govt college Sainj Distt Kullu
- ❖ Organized Theatre workshop(technical) in collaboration with National School of Drama New Delhi (19th June -19th July 2019)

## Publications:

1. Article [Titled “The Gateway To Inclusive Growth: Food And Nutrition Secure Future](#)  
International Journal of Innovation in Research and Management 2nd conference (ICIRSTM)  
2019 ISSN 2348-4918
2. Understanding the role of fiscal and monetary policies in the Indian Economy (pages from 211-220) International, Peer-Reviewed (Bi-annual Refereed International Journal of Multi-Disciplinary Research) GLIMPSES ISSN 2250- 0561 Impact Factor:5.05
3. “Socio-economic impact of Agriculture and society” in International, Peer-Reviewed (Bi-annual Refereed International Journal of Multi-Disciplinary Research) GLIMPSES ISSN 2250- 0561 Impact Factor:5.05
4. [Article Titled “Gender diversity and corporate governance in Neo-Liberal Era](#) in International Journal of Innovation in engineering research and management 17th conference (ICRETPM)2019 ISSN 2348-4918
5. Book Chapters: “[Breaking of the Glass Ceiling: Women Making Inroads to Corporate Boardrooms](#)” Women Empowerment New Horizon. I (ISBN) 978-81-953150-7-9 Edition: 2021

## Awards:

- ❖ First Prize given by National Youth Leader Programme (NYLP) Awards 2016 for the commendable job as Programme Officer N.S.S . Award Ceremony held on 28- 3-17 in HPU.Shimla. Rupees 40000/- was awarded as the first to NSS unit G.C. Kullu.

## Member:

Member of the Indian Economic Association of Himachal Pradesh

Member of Bahas Natya Evam Kala Manch, an organization formed by teachers and students to address important socio-cultural issues through dialogues, skits, plays, and mimes. The organization has done more than 20 plantation programs in different parts of Kullu.